

Unapproved Minutes of the Region IV Spring 2008 Assembly April, 12 2008

Teresa K., Region Chair, opened the meeting at 8:31 AM in Johnston, IA with the Serenity Prayer. The Preamble (Debbie S.), Twelve Steps (Brenda Z.), Traditions (Donna R.), Concepts (Sarah D.), and Standing Rules (Michelle M.) were read. Catherine W. was appointed Parliamentarian. Nicki K. called roll by intergroup. Michelle M., Nea D.V. and Sarah D. were appointed to the Minutes Approval Committee. Debbie S., Joan S. and Dala W. were appointed to the Treasurer's Audit Committee. The agenda was adopted by the Assembly.

Nicki K., Secretary, gave the Credentials Report. Ten of the 22 Intergroups in the Region were represented. There were 18 voting Region Representatives present, of 37 allowed. There were 3 voting officers present, 1 non-voting officer, the Trustee, Office Manager, 1 alternate and 1 guest for a total attendance of 26.

Officers and Trustee Reports:

Secretary: Fall 2007 Assembly minutes were approved. Cyndy L. is doing a great job with the website. There was no Fall IV Thought; the spring edition is available. The manuals have been updated and corrections will be given to the Reps present.

Treasurer: Report attached.

Figures as of April 1, 2008:

- Checking: \$2906.66 Income: \$2563.53
- Savings: \$7501.32 Expenses: \$3107.81
- Convention: \$460.00 Net Income: \$-534.28
- Total Assets: \$10867.98

Total group contributions for 2007: \$11300.36

A line item is needed on the budget for board travel to present service and traditions workshops. It would be helpful if groups send contributions monthly instead of waiting until funds have accumulated. It would help with our monthly bills. A new reimbursement form is available in the manual and at the Region IV website. This form must be filled out to be reimbursed. It has been noted that free teleconferencing services exist and Laura will look into it. Report attached for 2007 and current 2008 and final 2008 budget

Vice-Chair: See report.

Trustee: Report attached. Other noted items include:

- An overview of WSBC is in "A Step Ahead" newsletter.
- Central IL IG has asked to change regions to Region V because Chicago is closer.
- River City IG has been absorbed by two other IG and Black Hills IG is functioning again (now Hills & Plains IG).
- Groups have contributed \$37,000 to the Public Awareness Campaign.
- Working on getting the OA website in Spanish.
- Regarding the letter sent to IGs about the boycotting of the hotel for the WSO convention in 2010 in LA, WSO does not take part in outside issues.
- Need more people to run for General Service Trustee, there are 3 vacancies and only 2 running.
- If you wish to be on the media contact list contact WSO.
- There is a professional presentation folder and a step study format available for purchase from WSO. A new literature catalog and the Courier are available.
- Apply through Trustee for PI funding (see A Step Ahead).

Chair: Report attached. Make sure your meetings are ready for increased attendance by newcomers due to the Public Awareness Campaign. \$1000 budgeted for Assembly funding requests, \$500 already awarded. 3 IG have been funded to the WSBC in May. You must apply for funding assistance 60 days in advance of the Assembly. Share your experience with PI on the online discussion forum. To subscribe email oapi-subscribe@yahoogroups.com.

Standing Coordinator reports were given:

Office Coordinator – Linda, L. Group donation forms are available at the Region IV website or from the office, please use them!

Manual Coordinator – Thomas M. The manual has been updated, inserts and whole new manuals are available.

Delegate Funding Coordinator – Brandi S. Three IGs applied for funding to Assembly, 2 were funded. The instructions to apply are in the manual. Send your requests to the Region IV office Delegate Funding Coordinator. Requests must be postmarked 60 days prior to Assembly. The Delegate Funding Coordinator's address is not in the IV Thought or online. The board will make a motion to change the address to the office address. Receipts for reimbursement are due to Laura M. within two weeks of the Assembly along with any money not used.

Assembly Planning Coordinator – Julie, B.-H. Great job Julie! The position is now vacant as Julie has to step down.

Website Editor – Cyndy L. Updates have been made to the website; the manual and new reimbursement form are available for download._

Newsletter Editor – Catherine W. Spring IV Thought is available at the Region IV website. Keep updating your events at the website and Catherine will include the dates in the newsletter as well. Stories needed!!! The deadlines are in the manual.

Members broke for committee sessions and lunch reconvening around 1:30 PM Nicki K. updated the credentials report. Ten of the 22 Intergroups in the Region were represented. There were 19 voting Region Representatives present, of 37 allowed. There were 3 voting officers present, 1 non-voting officer, the Trustee, Office Manager and 1 Alternate for a total attendance of 26.

Committee reports were given:

- ❖ Convention (Chair, Sharon A.): Planning is going well for the convention June 27-29 2008. For PI, media outlets will be contacted for interviews and press releases. There will be newcomers meetings Friday and Saturday night. A keynote speaker has been arranged for Friday night, Saturday night speaker is still needed. There will be a laptop raffle, tickets will be available ahead of time. There will be a dance with a DJ.
- ❖ Outreach (Chair, Nea, D.V.)(see report): Will send info and call unaffiliated groups (send the “what is region” flyer). Will ask Cyndy L. for help getting the speaker files online. Will contact Angie K. to get the speaker files. The tapes will be reviewed by the committee for outside issues before publishing. April 30 is the deadline to get your IG sharing notes to Michelle M. at mundt68@yahoo.com for publishing to the region website.
- ❖ Ways and Means/Finance (Chair, Connie Y.) (see report): Will submit a motion to add a line item to the budget for Ways & Means/Finance expenses. Flyer will be made to let people going to the region convention know about the raffles. Continuing effects motions will be made to clarify the funding application forms. Fundraisers at convention will be magnets and bookmarks for sale, baskets for raffle and the opportunity to purchase a picture of you and your friends.

Presentation/Discussion: How to Grow Committed Service Bodies

New Business:

- ❖ **Continuing Effects Motions:**

- Motion #1: Amend the Region IV Policy Manual, Section E.6., Duties and Responsibilities of the Region IV Chairman to reflect the current duties, passed.
- Motion #2: Amend Section E.20, C. 1(a) to include territories in the region.
- Motion #3: Amend Section E.20, C. 1(j & k) to reflect current practices of the Newsletter Editor.
- Motion #4: Amend Section E.13.1 to change address for funding requests to the Region IV office.
- Motion #5: Amend Section E.14, bottom of the form to reflect change in motion #4.
- Motion #6: Amend Section E.15-1 to change the address to the Region IV office address.
- Motion #7: Amend Section E.16 to reflect change in motion #6.
- Motion #8: Amend Section E.17, 1 to change the address to the Region IV office address.
- Motion #9: Amend Section E.18 to reflect change in motion #8.
- Motion #10: Amend Section E.18 to add a line to the PI funding application asking for an “estimated completion date of the project.”
- Motion #11: Amend Section E.18 to add a line to the PI funding application asking for a report upon completion of the PI project, and change Delegate Funding Coordinator to Ways & Means/ Finance Committee Chair under the signature line.
- Motion #12: Amend Section E.22, add #8 that reads “The committee approves PI funding requests and follows up after completion of the project.”
- Motion #13: Tabled
- Motion #14: Move that all funding assistance forms include the “guidelines” as printed in the manual on the front of the form.

All motions carried with the exception of #13 and #14.

- ❖ **Elections:** Laura M. was elected as Region IV treasurer. Jeanine M. from St. Louis Bi-State IG was elected Assembly Planning Coordinator.
- ❖ **Bids:** The Assembly voted to accept the bid from Heart of Canada to host the Fall 2008 Assembly in Winnipeg, Manitoba Canada. Two forms of ID and a passport will be needed if you fly in to Canada.

The meeting was adjourned at 5:30 PM with the Responsibility Pledge.

Respectfully submitted,

Nicki K.

Treasurer's Report

As I mentioned in the spring newsletter, I am learning my job, so there have been some corrections needed along the way. Hopefully, my numbers are currently correct and I will update you on those corrections today and our current state of affairs.

First of all, in regards to our final figures of 2007 I apologize for not including all the figures in the newsletter for the group contributions. We had trouble getting all the no's together for the report and I sent the wrong spreadsheet. I have included a new copy in your packets.

Our total **Group income for 2007 was \$11,300.36.**

A copy of our Profit and Loss Statement for 2007 is also included in your packet.

Our **total income for 2007 was \$11,699.06.** Our **total expenses were \$15,976.73.** Leaving us with a **negative net income of \$4227.67.** This negative income was planned to decrease the monies in the checking account.

A third handout is the finalized budget for 2008. Our **projected income and expenses are \$15,060.00** , which includes **\$4,400.00 income from the Region 4 Convention to be held in St. Louis in June** A line item was left out of the budget for officers to provide service and tradition workshops and will be included in the profit and loss statement for 2008.

Also enclosed find a copy of the group contributions up to April 1st,2008. Some of you may be saving your contributions to send in periodically. Please consider that we have monthly expenses and would appreciate having your contributions on a regular basis.

Current operating funds are as follows:

Income:	\$2563.53	
Expenses:	\$3107.81	
Net Income:		\$-534.28
Convention Account:		\$460.00
Checking Account:	\$2906.66	
Savings Account:	\$7501.32	

Projects we have funded so far include: Jo's going to Rapid City SD for a **service workshop in Feb. For \$664.71, Assembly funding for two Region Reps for \$500.00, WSO Funding for three Reps for \$3600.00 and PI funding for one intergroup for \$55.00.**

Tax form 990 N (e-postcard)has been filed for 2008.

Also included in the mailed packet was a copy of the new Expense reimbursement form which I developed and was approved at the January board meeting. The form is to be completed anytime monies are provided for or requested by a member from Region Four. After attending an event which monies were provided, a form needs to be returned to the treasurer within two weeks of the event along with receipts from the event. It will also be used for office supplies, mailings, etc. If this form does not accompany your receipts, you will not be reimbursed until it is sent. This form is a work in progress. Please feel free to e-mail me any suggestions for improvement you have.

Your trusted servant
Laura Monen

Group Contributions

Grand Totals	Jan 07	Feb 07	Mar 07	Apr 07	May 07	Jun 07	Jul 07	Aug 07	Sep 07	Oct 07	Nov 07	Dec 07	YTD 07
Central Illinois IG 09482	0.00	10.00	89.93	0.00	3.17	0.00	0.00	0.00	0.00	0.00	0.00	0.00	103.10
Central Iowa IG 09183	321.92	60.00	120.00	30.00	156.20	60.00	20.00	169.60	0.00	0.00	0.00	300.00	1,237.72
Central Minnesota 09359	11.00	36.67	18.00	0.00	11.00	27.77	7.30	38.00	60.00	4.35	25.00	0.00	239.09
Decatur, IL Outreachers 09227	7.35	0.00	0.00	19.26	10.00	12.30	0.00	0.00	0.00	20.89	0.00	0.00	69.80
Greater Kansas City 09525	243.00	37.50	30.00	7.50	35.00	45.30	78.21	68.25	0.00	35.00	29.12	7.00	615.88
Greater Omaha IG 09075	0.00	0.00	0.00	598.04	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	598.04
Heart of Canada IG 09204	0.00	0.00	0.00	0.00	0.00	0.00	0.00	586.89	0.00	0.00	0.00	0.00	586.89
Iowa City/Cedar Rapids IG 09021	0.00	60.00	29.60	0.00	8.00	20.00	0.00	0.00	0.00	20.00	0.00	65.00	202.60
Northeast Iowa IG 09214	1.50	30.00	4.60	86.80	8.78	0.00	0.00	0.00	0.00	105.00	16.80	45.00	298.48
Northern Serenity IG 09422	25.00	30.00	0.00	25.00	0.00	0.00	15.00	0.00	0.00	51.00	15.00	0.00	161.00
Outstate IG 09430	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Red River Valley 09211	19.85	25.00	55.31	0.00	56.00	18.00	0.00	102.63	50.00	108.27	43.82	61.49	540.37
River City Area IG 09419	14.00	0.00	0.00	0.00	0.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	24.00
Southeast Iowa IG 09511	7.73	0.00	10.62	0.00	10.33	2.36	4.81	5.00	3.72	3.91	0.00	10.01	58.49
St. Louis Bi-State IG 09029	120.86	109.31	111.85	152.28	231.47	122.24	203.60	209.54	213.23	98.98	179.84	127.70	1,880.90
Sunflower IG 09276 - Other	50.00	15.58	0.00	10.00	40.00	0.00	20.60	30.90	0.00	0.00	6.98	60.00	234.06
09440 Tri-State	0.00	0.00	0.00	0.00	0.00	26.00	0.00	0.00	0.00	50.00	0.00	0.00	76.00
Unity IG 09589	449.70	148.00	335.30	482.57	223.77	390.03	75.31	107.71	247.00	954.70	328.37	152.34	3,894.80
NY 55011	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
OA Links of Lincoln 09135	0.00	356.94	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	356.94
Heart Of Illinois 09143	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Quad City 09246													100.00
	2.20									20.00			22.20
													0.00
GRAND TOTALS	1,274.11	919.00	805.21	1,461.45	793.72	734.00	424.83	1,318.52	573.95	1,472.10	704.93	818.54	11,300.36

Grand Totals	Jan-08	Feb-08	Mar-08	Apr-08	May-08	Jun-08	Jul-08	Aug-08	Sep-08	Oct-08	Nov-08	Dec-08	YTD 08
Central Illinois IG 09482	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Central Iowa IG 09183	20.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	20.00
Central Minnesota 09359	10.00	30.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	40.00
Decatur, IL Outreachers 09227	9.79	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	9.79
Greater Kansas City 09525	30.00	38.00	7.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	75.00
Greater Omaha IG 09075	425.30	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	425.30
Heart of Canada IG 09204	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Iowa City/Cedar Rapids IG 09021	55.00	18.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	73.00
Northeast Iowa IG 09214	0.00	75.04	13.06	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	88.10
Northern Serenity IG 09422	16.00	0.00	10.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	26.00
Outstate IG 09430	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Red River Valley 09211	178.98	25.00	40.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	243.98
River City Area IG 09419	7.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	7.00
Southeast Iowa IG 09511	0.00		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
St. Louis Bi-State IG 09029	208.77	133.48	34.32	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	376.57
Sunflower IG 09276 - Other	26.00	32.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	58.00
09440 Tri-State	22.80	0.00	50.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	72.80
Unity IG 09589	358.33	72.00	445.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	875.33
NY 55011	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
OA Links of Lincoln 09135	0.00	80.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	80.00
Heart Of Illinois 09143	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Mid-Continent 09153	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Quad City 09246	10.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	10.00
Greater Ozarks 09143	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
													0.00
													0.00
													0.00
													0.00
GRAND TOTALS	1,377.97	503.52	599.38	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	2,480.87

Region IV Overeaters Anonymous

Profit & Loss Statement

2008

Ordinary Income/Expense

Income

Bank Income - Interest		\$0.17	
Committee Income			
Convention			
Hospitality	\$0.00		
Meals	\$0.00		
Registration	\$0.00		
Seventh Tradition	\$0.00		
Start Up	\$0.00		
Total Convention		<u>\$0.00</u>	
Ways&Means/Finance		\$42.00	
TOTAL Committee Income			<u>\$42.00</u>
Donations			
7th Tradition		\$0.00	
Group Contributions		\$2,521.36	
TOTAL Donations			<u>\$2,521.36</u>
TOTAL INCOME			<u>\$2,563.53</u>

Expense

Committee Expenses

Convention 2008

Convention Chair	\$0.00		
Decorations	\$0.00		
Entertainment	\$0.00		
Hospitality	\$0.00		
Hotel - Meals	\$0.00		
Program	\$0.00		
Publicity	\$0.00		
Registration	\$0.00		
TOTAL Convention 2008		<u>\$0.00</u>	

Delegate Funding Coordinator \$0.00

Manual Coordinator \$0.00

Newsletter

Newsletter Mailing \$0.00

WSO Labels \$0.00

TOTAL Newsletter \$0.00

Outreach Committee \$0.00

Planning Coordinator \$63.26

Web Site \$35.85

Ways&Means, Finance \$0.00

TOTAL Committee Expenses \$99.11

Intergroup Support		
Public Information Funding	\$0.00	
Representative Funding	\$0.00	
WSBC Delegate Funding	\$1,200.00	
TOTAL Intergroup Support		\$1,200.00
Non-Profit Registration Fee		\$0.00
Office Supplies		
Copies	\$0.00	
Miscellaneous	\$0.00	
Postage	\$0.00	
TOTAL Office Supplies		\$0.00
Supplies for Officers		
Copies	\$0.00	
Mailing	\$0.00	
Supplies	\$0.00	
TOTAL Supplies for Officers		\$0.00
		\$0.00
Travel		
Assemblies Brd Mtgs		
Reg Chair/Trustee Mtg	\$504.49	
Reg Chair/WSBC	\$0.00	
Assembly Location	\$544.50	
Workshop	\$664.71	
TOTAL Travel		\$1,713.70
WSBC Registration		\$0.00
WSO Annual Contribution		\$0.00
TOTAL EXPENSE		\$3,107.81
Net Ordinary Income		(\$534.28)

Approved budget

	<u>Jan - Dec</u> <u>08</u>
Ordinary Income/Expense	
Income	
Bank Income	
Interest	0.00
Total Bank Income	0.00
Committee Income	
Convention	
Hospitality	100.00
Meals	1,700.00
Registration	2,500.00
Seventh Tradition	100.00

Start Up	<u>0.00</u>
Total Convention	4,400.00
Ways and Means/Finance	<u>300.00</u>
Total Committee Income	4,700.00
Donations	
7th Tradition	160.00
Group Contributions	<u>10,200.00</u>
Total Donations	<u>10,360.00</u>
Total Income	15,060.00
Expense	
Committee Expenses	
Convention 2008	
Convention Chair	50.00
Decorations	100.00
Entertainment	250.00
Hospitality	100.00
Hotel	
Meals	<u>1,500.00</u>
Total Hotel	1,500.00
Program	90.00
Publicity	60.00
Registration	<u>50.00</u>
Total Convention 2008	2,200.00
Delegate Funding Coordinator	15.00
Manual Coordinator	200.00
Outreach Committee	20.00
Planning Coordinator	130.00
Web Site	<u>145.00</u>
Total Committee Expenses	2,710.00
Intergroup Support	
Public Information Funding	300.00
Representative Funding	1,000.00
WSBC Delegate Funding	<u>3,500.00</u>
Total Intergroup Support	4,800.00
Non-profit Registration Fee	10.00
Office Supplies	
Copies	180.00
Miscellaneous	60.00
Postage	<u>315.00</u>
Total Office Supplies	555.00
Officers Supplies	
Copies	130.00
Supplies	<u>35.00</u>
Total Officers Supplies	165.00

Post Office Box Rental	25.00
Travel	
Assemblies Brd Mtgs	3,400.00
Reg Chair/Trustee Mtg	2,000.00
Reg Chair/WSBC	<u>1,200.00</u>
Total Travel	6,600.00
WSBC	
World Service Registration	<u>95.00</u>
Total WSBC	95.00
WSO Contribution	
Annual Contribution	<u>100.00</u>
Total WSO Contribution	<u>100.00</u>
Total Expense	<u>15,060.00</u>
Net Ordinary Income	<u>0.00</u>
Net Income	<u><u>0.00</u></u>

Vice Chair Report

Everything is going good I believe. Most of what I hear re outreach has been from participants. There is a physical speakers list being sent around. I know I've received two calls from it. But unfortunately there is no further development re the online speakers list or bureau because we need someone with computer skills to be able to facilitate that. I'll probably know more once I see everyone at assembly.

Speaking of assembly, there have been many applications sent in. Please, do not request banquet tickets from here on in. The motel will not accept late requests. I had to give them the numbers by the 1st for the caterer. Thank you. We have Connie scheduled to speak after dinner Saturday night. We'll try to arrange extra chairs (hopefully tables too) for those who wish to listen to her and our great entertainment. It is all shaping up fine.

My trip to South Dakota was terrific. There are some great folks there that are pretty isolated. Some travel 3 hours to get to intergroup and such activities as my presentation. I was dually impressed with the recovery there too. I spoke on service, tools, and traditions, and an overview of how I sponsor and work steps. As is always the case, I learned more than I taught! Thanks for the opportunity.

Yours in service,
Jo S., Vice Chair

Trustee Report for Spring Assembly 2008

Welcome back to all the returning delegates, and a special welcome to the new delegates. It will probably seem overwhelming the first 10 or 15 minutes, then maybe a little dull, then hopefully you will have fun (imagine that) and do some work to help the intergroup spread the message of recovery. Many of us feel if when we go home, we all would put in 15 to 30 minutes a month on the work we start here, the region will be strong and healthy, doing it's job to help strengthen the intergroups and groups (as well as reaching out to the still suffering compulsive eater). The main job of all of us is to bring home to our intergroups what we have learned or heard here.

The World Service Business Conference (WSBC) will be held May 5 – 10 in Albuquerque with the theme of "The Road to Recovery – A Team Effort!" The Wednesday morning forum will be devoted to discussing the Strategic Planning Process. You may remember it with regards to the "bicycle" showing in the spokes the four focuses of strong meetings, committed service bodies, financial health, and public/professional awareness.

Among the New Business Motions for the WSBC are the ways to make the virtual meetings a part of our service structure; the board of trustees may discontinue printing conference approved literature when there is a low demand (this will NOT have the conference seal of approval removed and the literature will still be on file if needed); and the revised pamphlet Treatment and Beyond will be presented.

Future WSBC dates are May 4-9, 2009; April 26-30 2010; and April 25-30 2011.

Working with the Strategic Plan, a postcard survey will be sent this year to random meetings to indicate the average number of members at a typical meeting. Also in furthering the plan, WSO is in the process of getting quotes to have the Website also in Spanish. WSO is looking into ways of improving the website especially for the ease of maintain the meeting database and input for changes.

The Public Awareness Campaign is part of the Operation Plan. It was made very clear that this will be for awareness of Overeaters Anonymous, just information, not promotion of OA. The purpose of the Public Awareness Campaign is to inform and educate the public that Overeaters Anonymous offers a solution to the problem of compulsive eating and to provide information on how to contact OA. In keeping with our Eleventh Tradition of attraction rather than promotion, the campaign will make no promises regarding weight loss, time frames or other guarantees.

Web Guidelines now have additional suggestions for attracting newcomers. And the new budget guidelines for service bodies hopefully will be available on line soon.

Within literature, a committee is preparing a revision of the 7th tradition pamphlet, and WSO is looking into having some literature in large print. A flyer/pamphlet for groups (and intergroups) called "Is food a problem for you?" is ready and will be available through world service. It can be used for outreach and will have spaces for group information.

Don't forget the new book "Seeking the Spiritual Path: a Collection from *Lifeline*" that is now available at world service. Also available are the pamphlets *Black OA Members Share Their Experience, Strength and Hope* and the revised pamphlet *A Guide for Sponsors* (which includes 30 questions to ask newcomers). Also that WSO is requesting your Intergroup to email a copy of your newsletter to jhendrix@oa.org.

Lifeline circulation in February was 9,667. A very good way to support OA financially is to subscribe to lifeline, and help to make it self supporting.

Once again, please remember to have your intergroups send in the corrected information from your groups for the meeting updates that are sent to each Intergroup every three months. It is important to have meeting information up-to-date so the newcomer going to their first meeting is sent to a healthy meeting, instead of showing up at a meeting that has moved or closed, and then is discouraged to attend any other.

"Home again in 2010: We are Family" will be the next WSO Convention in Los Angeles, California on August 26-29, 2010 (the home of the founding of OA). OA will be celebrating it's 50 birthday, so put aside that date and money to attend. Convention 2007 had more than 1200 attendees, so you may want to plan early.

I have been very blessed to take part of the board of trustees for our region. I am pleased and thankful to be a part of Archives (we have been cataloging the information and putting archives such as copies of past records of conferences, some audio tapes, duplicate Lifeline issues into waterproof storage), Young People Committee (the web page for young people is on the OA web site and there is a quarterly newsletter), the committee that is involved with the Lifeline (the stories are sounding more like member's shares at meetings) and the Region Chair committee (I loved being the region chair and have made many strong friendships and gained much knowledge of OA). It has been a great privilege to serve the region for the last 8 years.

Thanks for your trust and love,

Love, Connie

Chair's Report, Spring 2008

Welcome to the Spring 2008 Region IV Assembly! This is my last year as Chair, and in reviewing progress toward our goals over the last 6 months, I can't help but think about where we were when I first started on the Board.

As Chair, I serve on and chair the Region Chairs Committee (RCC). We have been working on several things. First, we are planning one of the forums and the entertainment for WSBC 2008 in May. Second, we continue to carry out the tasks assigned to the RCC in the Operations Plan established during the Strategic Planning process.

Last year at WSBC 2007 the delegates voted to approve a plan to hire a public relations firm to increase public and professional awareness of OA. They initially funded the Public Awareness Campaign by borrowing \$20,000 from the general fund, and established a special fund to repay it by soliciting contributions from OA members and service bodies. The RCC has been soliciting donations targeted to repaying the \$20,000, and have been asking service bodies within the Region to do the same.

Regarding Strong Meetings, we are asking all groups/committees/service bodies to focus on what they are doing to promote strong meetings.

Regarding Committed Service Bodies, we are contacting service bodies by mailings, email and telephone to invite and encourage them to attend Region assemblies and WSBC, and to host Assemblies and the Region Convention. Where appropriate, we also let them know of available funding to help pay for their attendance. Here in Region IV, the Board has been trying to improve representation at both Assembly and WSBC for years. I began attending Assembly in 1998, and began serving on the Board in Fall 2000. At the time, we had more Intergroups, and about half of those attended Assembly. We now have fewer Intergroups, having lost another one since the Fall 2007 Assembly, but otherwise the figures are not much different now, despite providing funding assistance. Currently, half of the 22 Intergroups in the Region have registered to attend Spring Assembly. Our Region's representation at WSBC has greatly improved over the last few years, spurred in no small part by funding assistance provided by Region, but so far only 6 of our 22 Intergroups are registered to attend WSBC 2008.

Regarding Service and Traditions Workshops, the Trustee has traditionally conducted them in most of the Regions. We are trying to see that all Region Board members are also trained to do the workshops, and we are trying to be proactive in offering those workshops to those service bodies that have not yet had one. However, we have been hampered by the lack of budgeted funds to send people to do the workshops, so unless the service body is willing to cover the cost, it may be a problem. Unfortunately, those service bodies most in need of the workshops are unlikely to have the funds available to cover the expenses.

Regarding Financial Health, the Region is in much better shape than when I began serving on the Board. At that time, our prudent reserve was only \$525! Yet we still lack the funds to further all of our goals as a Region. We want to provide funding assistance to attend Assembly and WSBC, we want to send officers to do Service and Traditions Workshops around the Region, we want to have exhibits at professional conferences and to provide funding assistance to help Intergroups carry the message about OA in their areas. But all of these efforts must be budgeted for and funded from 2 main sources, group contributions and profits from the Region Convention held every other year.

All of these goals depend on abstinent OA members – people who are committed to abstinence and who do service, people who give generously of both their funds and time according to the Seventh Tradition, people committed to letting people know that OA exists and provides a solution to the problem of compulsive eating. I know that I am "preaching to the choir". The fact that you are reading this report means that you are one of those people. The question is, how can we increase your number – help people to find abstinence, to fund these efforts, to develop strong meetings, to serve at the group level and above, and to enhance public ad professional awareness? In other words, how do we fulfill our primary purpose – to abstain from eating compulsively and carry the message of recovery to those who still suffer? That is our "job", our responsibility, and our privilege as recovering compulsive eaters, and that should be our motivating force each day we recover. It should also be in our minds as we formulate and work on goals in the various committees and service bodies on which we serve.

Thank you for all you do to serve Region IV and OA as a whole. It has been a tremendous privilege to serve as your Chair for the last five years. I am very proud of all that Region IV has accomplished during that time, and I have tremendous faith in what we will continue to accomplish over the next decades, through your continued commitment!

Your trusted servant,
Teresa Kopel
Region IV Chair

Outreach Report Commitments

- Continue to update Region 4 Speaker List
- Verified 10 more speakers on the list.
- Waiting to hear back from 5.

- Will remove 1 person
- Update the Unaffiliated Meeting List
- Have not begun contacting meetings.

Humbly submitted,
Nea DallaValle
Region IV Outreach Chair

Ways Means/Finance Report
March 12, 2008

The Ways and Means Finance Committee has no report to make on any progress made on their work for Convention. However, the committee chair is always looking for fun ways to make a little money for region.

PLEASE BRING SOME NEW ITEM, BIG OR SMALL, FUN OR SERIOUS, TO DONATE FOR A SILENT AUCTION TO BE CONDUCTED DURING OUR SPRING ASSEMBLY MEETINGS. THERE WILL BE A SPECIAL PRIZE FOR THE PERSON WHOSE ITEM BRINGS IN THE MOST MONEY.

Connie Yates
Committee Chair
Ways and Means/Finance