

Unapproved Minutes of the Region IV Board Meeting April, 17 2008

Cyndy L. opened the meeting at 3:07 PM, in St. Louis, MO with the Serenity Prayer.

Those in attendance were: Cyndy L., Chair, Teresa K., Trustee, Becky T., Treasurer, Catherine W., Vice-Chair, Nicki K., Secretary and guests, Gene, Melanie, Jen and Kasey. The 12 Steps, Traditions, and Concepts were read.

The agenda and the last board meeting minutes were approved.

Updates from Officers:

Secretary: A new newsletter editor is needed and Jenn volunteered; the manual and web coordinators are willing to continue.

Treasurer: (Report available.)

- \$1987.45 total income.
- \$170.69 net income
- \$1816.76 expenses
- \$7452.45 checking
- \$7502.00 savings
- \$1000.00 convention account
- \$15954.45 total assets

There was not much to report, this year's taxes were mailed, only 3 reimbursements so far this year.

Vice-Chair:

Outreach Committee: Incorrect meeting secretary addresses have all been updated. New unaffiliated group list has been received.

Assembly Planning Coordinator: It was noted that the Assembly Planning Coordinator position needs to be filled with someone who has internet access since the job duties have changed.

Chair:

Convention committee: Sunflower IG will bring bid to host the 2010 convention tomorrow. It was noted that only one person signed up for the convention committee!

Office manager : Michelle is doing a great job and is willing to continue. Receiving the mail from Ethel is working well.

RCC : Gearing up for WSBC, big focus will be translation of OA literature.

Trustee: Teresa has been to the board mtg. in November, everyone's budget is tight . The next meeting will be at WSBC and then in February. Teresa is Chair of Unity with Diversity Committee which is doing the Thursday night forum. She is also on the Board approved literature committee. She continues to answer questions that come in through our website email. She reviewed Sunflower IG changed bylaws and they were in compliance.

Old business:

Workshop for spring assembly: Will be on the Seventh tradition. Topics will include the new pamphlet, examples of budgets, what can you with IG money, tips, suggestions, discussion questions (small groups).

Insurance: Becky has collected the last form requested by State Farm in order to get a dollar amount, Becky will talk to the agent soon. It is called a fidelity bond, a \$4000 bond would be \$90 annually.

Conference calls: Unity is using a conference call setup now and working through logistics. There was a onetime \$1000 expenditure on equipment for 4 modules. They use a free conference service but pay for long distance with calling card. They have one rep in CA from a phone meeting affiliated with their group. Discussed how to implement that for our region. We would need guidelines such as mileage requirements and funding need. Or start out with no rules and add as needed? One benefit is that we could generate more funds with more groups affiliating. The question about committee meetings arose. It was decided that at the next assembly, Unity bring their equipment to demonstrate.

New business:

Workshop for fall assembly will be on public and professional awareness. Unity will have a booth at the National Eating Disorders Association convention in MN.

Personal information on website: Concerns were expressed about having phone numbers, names and emails at our website. There are things that can be done to make website more secure, will look into it.

Financial letter: Discussed setting a goal to increase income and mailing out an appeal letter to IGs giving each group a target by group size. One region increased income by 40% by doing this. Becky will draft a letter.

The meeting closed at 4:30 with the Serenity Prayer.

Board wrap-up meeting April 18, 2009

Cyndy opened the meeting at 10:04 pm with the serenity prayer

After discussion and verification of qualifications the Board appointed Kasey S. from Unity as treasurer as Becky T. had to resign due to personal reasons. Thank you Becky for your wonderful service!

Each board member needs to get a copy of their driver's license with social security number on it notarized and send it to Becky to add Kasey to the account?

In the fall Catherine will need to run for vice-chair again and Kasey will need to run for treasurer.

Evaluations:

Overall the responses were good. Some thought it might be helpful to mentor green dots on writing motions and parliamentary procedure.

Goals for next time:

1. Pass out amendment forms ahead of time so motions get written down and the wording gets more thought through.
2. Two main points that would be helpful to know are “call the question” and “point of information”. Also discuss what is debate vs point of information?
3. Should trustee act as parliamentarian?

Next meeting will be via Skype at 8:30 AM on July 12th 2009.